



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough



Telford and Wrekin
FAMILY HUBS



PARENTING TOGETHER

AN ONLINE INTERACTIVE 4 WEEK PROGRAMME

Week One: Parental Wellbeing, Family Scripts, Understanding Behavior as Communication

Week Two: Building Secure Attachment, Fostering Positive Relationships and Emotional Regulation

Week Three: Setting Boundaries, Exploring Consequences and Promoting Positive Parenting

Week Four: Keeping Children Safe - Online, Offline and in the Community

MORNINGS, AFTERNOONS AND EVENINGS AVAILABLE



To book your space, scan QR
code or visit

www.telfordfamilyhubs.co.uk

Booking form located in
parenting section of website.

